

[Fox News](#)[Fox Business](#)[Fox Radio](#)[Fox Nation](#)[Home](#) / [Markets](#) / [Industries](#) / [Health Care](#)

Thursday, May 20, 2010

With National Spotlight Focused on Healthcare, List of 'Healthiest Companies in America' Announced

[Respond to Editor](#) | [Print](#)

Comtex

ARLINGTON HEIGHTS, Ill., May 20, 2010 /PRNewswire via COMTEX/ ----Amid the glaring spotlight focused on healthcare reform in the U.S., Interactive Health Solutions today announced a list of the "Healthiest Companies in America" for 2010, a group of thirty-four corporations who have significantly reduced healthcare costs through employee participation in a prevention-based health program in the workplace.

The Healthiest Companies in America for 2010 rankings are based on a series of clinical evaluations of employee participants across an index of key health indicators designed by Interactive [Health](#) Solutions (IHS) of Arlington Heights, Ill., the leading provider of population health management programs to companies throughout the U.S.

"As the nation continues its focus on healthcare, we expect population health management programs in the workplace to become a standard benefit for employees that increase individual health while efficiently lowering overall healthcare costs," said Joe O'Brien, Interactive Health Solutions Chief Executive Officer. "We know that 15% of employees at most companies accrue 78% of all medical costs. But the data shows that through proactive engagement in preventive healthcare, smart companies can start changing those numbers for the better," O'Brien added.

According to a study by The American Journal of Health Promotion, employers who invested in worksite health promotion saw a 28% reduction in sick leave absenteeism, 26% reduction in use of health care benefits and a 30% reduction in workers' comp claims and disability management.

Healthy Employees = Healthier Bottom Lines for Corporate America

Comprehensive preventative health programs provide testing that focuses on specific medical problems that are contributors to high medical costs and low employee productivity. IHS research indicates that in a typical company 58 percent of employees have medical conditions that are unknown and/or not being treated, and require some type of medical intervention. The IHS program serves as a healthcare 'detective,' finding [symptoms](#) and indicators before they become a treatable disease. Employees are assessed before they are symptomatic, rather than after they become ill and start incurring medical costs.

Interactive Health Solutions, Inc. (IHS) provides turnkey population health management programs to companies nationwide. Program services are clinically based and fully HIPAA compliant. The year-round IHS program includes annual, on-site health evaluations; individualized health goals; in-person courses and online information about specific conditions; as well as full program administration, record keeping and reporting. IHS employs a national staff of medical professionals (physicians, phlebotomists, counselors, nurses and others) that administer the tests. IHS then reviews and recommends courses of action. The company maintains a comprehensive database and a virtual medical file for each participant. For more information, contact IHS at 800-840-6100, or visit www.healthiestcompanies.com.

Healthiest Companies in America - 2009 Winners

American Financial Group (OH)

Ball Horticultural Company (IL)

Chicago Fraternal Order of Police (IL)

County of Kane (IL)

County of Kings (CA)

Cummins-Allison Corporation (IL)

DLR Group (NE)

EBSC-RMSCO, Inc. (NY)

Gallatin Steel (KY)

Grand Valley State University (MI)

Humility of Mary Health Partners (OH)

Knox College (IL)

Lincoln Electric System (NE)

MERITAIN HEALTH (NY)

Mesa County Valley School District 51 (CO)

Midmark (OH)

Missouri Bankers Association (MO)

Morinda Holdings, Inc. (MO)

[Nature's Sunshine](#) Products, Inc. (UT)

O'Brien & Gere (NY)

PCL Construction Enterprises, Inc. (CO)

Phoenix International Freight Services, Ltd. (IL)

Quantum Corporation (CO)

Sanitation District No. 1(KY)

Schneider Electric (IL)

So Illinois Health & Wellness Insurance Trust (IL)

Standard Textile Co., Inc. (OH)

Strongwood Insurance Holdings Corporation (CA)

Takeda Pharmaceuticals North America, Inc. (IL)

The Curran Group (IL)

The Midland Company (OH)

totesISOTONER (OH)

Tri-County Schools Insurance Group (CA)

UniGroup, Inc. (MO)

Washington County (WI)

Waubonsee Community College (IL)

SOURCE Interactive Health Solutions, Inc.

Copyright (C) 2010 PR Newswire. All rights reserved